

APPENDIX 1

THE GLIDING FEDERATION OF AUSTRALIA

Declaration of physical fitness

(To be completed by all members who intend to fly)

Note: Members who are unable to make this declaration may obtain a medical clearance to fly in the form at [Appendix 2](#).

I.....hereby declare that

(a) I am the holder of a Student Pilot or higher category licence with a current CAA Medical Certificate. The Licence number is.....

(b) I have never suffered from the following :- epilepsy, fits, severe head injury, recurrent fainting, giddiness, blackouts, abnormally high blood pressure or previous heart disease. I am not taking insulin for the control of diabetes.

(Delete as appropriate)

I further declare that, in the event of contracting or suspecting any of the above conditions, I will cease flying until I have obtained a medical opinion that it is safe to continue flying.

Pilot's signature.....Date.....

Signature of parent or guardian
(for persons under 18 years).....

Notes:

1. Minor illnesses, the donation of blood, some medications and certain prescribed drugs may make you temporarily unfit to fly.
2. If you wear spectacles, you should carry a spare pair easily accessible in flight.